EL ADORNO

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TELEMARK 1850, "EL ADORNO" ADJUST TEMPO TO 43 RPM

INTRO: LOP FAC LOD IN PRESS LINE; DANCE: CP M FAC COH; POSITION: OPPOSITE EXCEPT WHERE NOTED; INSTRUCTIONS FOR M FOOTWORK:

SEQUENCE: INTRO A B C C A

MEAS

INTRO WAIT 2 BEATS; FLARE/STEP, FLARE/STEP, FLARE TRN RF/STEP, -; APT(ARMS OUTSTRETCHED), ARM XIF, M'S ARM OUTSTRETCHED, -(W'S ARM OUTSTRETCHED): -,-,-,TRN 1/8 RF(W ARND 3/8 RF); (GRAND CIRCLE) APPEL, FWD TRN L(SCP), FWD, -(W FWD); TWIST 1 LF, -, -CHG WGT(W FWD, FWD, FWD, FAC);

In LOP M fac LOD in PRESS LINE POS wait 2 beats; blare L CW XIF of R/step L, flare R CCW XIF of L/step R, flare L CW XIF of L trng 3/8 RF/step L to end fac diag RLOD & WALL hands on hips with M's L & W's R elbows touching (W fac diag LOD & WALL), -;

- 2-3 (THE CURSE)Si R twd RLOD & COH arms outstretched, R arm curve over head with L arm curved across chest, M only straighten L arm twd LOD & WALL (W hold), M hold (W place R hand in M's L); hold 3 beats (W fwd arnd M 3/8 RF trn R, L, R/L, R) to end CP M fac RLOD;
- 4-5 Close R to L, blend to SCP fac WALL fwd L, fwd R, -(W fwd R commencing LF trn); trn LF &, -,-step L (W fwd arnd M CCW L,R,L,R)to end CP M fac COH;
- PART A (FALLAWAY REV)APPEL, FWD, SI, BK(TO SCP); BK TRN LF(W SLIP), CL TRN LF, SI, CL(TO CP); (SYNC CHASSEE)SI/CL,-,SI/CL,APPEL; (SCP)ROCK BK/REC, PRESS LINE,-,-;

1-2 In CP M fac COH cl R to L, fwd L, si & slightly bk R, bk Lto SCP fac RLOD; bk R commence LF trn leading W to CP (W slip 2 LF on R step fwd L), cl L to R to end CP M fac LOD, si R twd WALL, cl L to R;

3-4 CP M fac LOD si R/cl L to R,-, si R/cl L to R,cl R; blend to SCP fac COH rock back L/ rec R,tch L in PRESS LINE,-,-;

5 - 8 HOLD, -.-, (W RF TWIRL DBLE); TWIST, CL, -, -(W FWD, FWD, SPIN LF/2,3): (ECART) APPEL, FWD, SI, XIB (TO SCP); HOLD, -, (W DEVELOPE), THRU, SI(TO CP FAC WALL);

5-6 In SCP fad COH hold 4 beats (W twirl under jnd M's L & W's R 2 times RF prog CCW arno M R, L, R, L to end fac WALL on RLOD si of M): trn & RF on R, cl L to R, -, -(W walk fwd behind M R, L)chg hands behind M's back to M's R & W's R to assist W in free spin (W LF spin R/L,R) to end CP M fac WALL;

In CP M fac WALL cl R to L, fwd L, si & slightly fwd to RLOD & WALL R, XLIB of R to wide SCP fac LOD; hold, -, (W develope draw L foot to R raising L ft to level of R knec, sharply pt L twd LOD about 12" from floor), thru R twd LOD blend to CP M fac WALL,

9 -14 (CHASSEE CAPE)APPEL, SIDE(TO SCP), FWD TRN RF, SI; BK, BK TRN RF, FWD(TO BJO), SI/CL(TO FAC WALL) SI,BK TRN LF, FWD(TO SCAR), SI/CL(TO FAC COH); SI,BK TRN RF, FWD(TO BJO)SI/CL(TO FAC WALL); SI,BK TRN LF,FWD,FWD; PRESS LINE,-,-,-;

In CP M fac WALL ol R to L, si L to SCP fac LOD, fwd R commence RF trn in SCP, L si & slightly bk to fac RLOD in BJO;

Bk R commence RF trn to fac RLOD & COH; bk L : (W fwd to BJO) to fac diag COH & LOD, · 10 fwd R cont RF trn to fac LOD & WALL si L/cl R to L to CP M fac WALL;

Si L, bk R commence LF trn (W fwd L to SCAR), fwd L cont to trn LF to fac diag LOD & 11 COH in CP, si R/cl L to R to fac COH;

Si R, bk L commence RF trn (W fwd R to BJO) to fac diag Ciag COH & LOD, R fwd cont RF . 13 trn to fac LOD & WALL, si L/ cl R to L to CP M fac WALL:

Si L, bk R commence LF trn (W fwd L to SCAR), fwd Lcont to trn LF to fac diag LOD & 13 WALL, fwd R to LOP ptrs fac LOD;

Fwd L in PRESS LINE, -, -, -;

(FLAMENCO BEATS)STEP, TAP/TAP, STEP/REC, STEP-REC/STEP-REC; BRUSH, STEP ACROSS, TRN LF/CL, STEP; 15-16This figure does NOT progress. In LOP fac LOD lower M's R & W's L hands to hips. BEATS: 1; Step L in place,

Tap R toe behind supporting L ft/ tap R toe again,

Step R behind L/ rec L in place,

step R in place-rec L/ step R in place-rec L; -layle:

Brush R fwd twd LOD,

Step R across twi COH & LOD preparing for RF (W LF) trn,

Maintain M's L & W's R handhold trn & RF L/R to end LOP M fac WALL (W trn LF under jnd hands),

Step L in place:

- (FREGOLINA)APPEL,SI(TO SCP), FWD TRN RF,SI; BK,BK TRN RF,CL,CL; HOLD,-,-,-(W FWD,FWD,FWD, SPIRAL LF); HOLD, -, -, -(W FWD, FWD, FWD, FWD); HOLD, -, -, -(W BK, BK, BK, BK); HOLD, -, -, -(W FWD, FWD FWD TRN LF, FAC); HOLD, -, SI, CL(W TRN RF CL, CL, SI, CL); (SUR PLACE TO R)SI, CL, SI, CL(CP WALL);
 - 1-2 In CP M fac WALL cl R to L, si L to SCP fac LOD, fwd R commence RF trn in SCP, L si & slightly bk (W R fwd twd LOD)M fac diag RLOD & WALL: bk R leading ptr to progress further down LOD, bk L to BJO, bk L(W fwd R commence RF trn), cl R to L (W si L trng RFto fac WALL), cl L to R (W bk R to fac RLOD) ptrs at R angles M fac COH & W fac RLC with dble handhold;
 - 3-4 Lead W fwd to M's L side (W fwd L,R,L curving LF) to end dble handhold SCAR raise M's L & W's R jnd hands trng W LD under jnd hands (W do 1 complete LF trn to end L XIF of R without weight); lead W to pass from Lto R side of M behind his back lowering arms to approx waist level with L arm across back (W fwd L,R,L,R) to end ptrs fac COH;
 - 5-6 Lead W to walk bwd passing from R to L side behind M's back (W bwd L,R,L,R) to end SCAR M's arms behind back in reversed positions; lead W to pass from L to R side of M behind his back with lowered arms (W fwd L,R,L) releasing M's L & W's R hands (W side R twd RLOD) to end in momentary double handhold M fac COH;

7-8 Lead W to trn RF (W 1 complete RF trn on R/c1 L to R) to CP M fac COH, M hold (W c1 R to L), si R twd LOD, cl L to R in CP M fac COH; Si R, cl L to R, si R, cl L to R

trng 2 RF to end CP M fac WALL;

PART C

1 - 5 (SYNC SEPARATION)APPEL, FWD, CL, SUR PLACE(W APPEL, BK, BK, CL); SUR PLACE, 2, 3, 4(W FWD, FWD, FWD, FWD)(TO CP FAC WALL); CL/PT, XIB(W XIF), SI/XIF(W XIB); TWIST LF, -, -, -(W SIDE, FWD, FWD, FACE)(TO CP FAC WALL); FWD TRN LF,SI,CL,CL;

1-2 In CP M fac WALL cl R to L, fwd L, cl R to L, Sur Place L (W cl L, bk R, bk L,cl R);

Sur Place R, L, R, L (W fwd L, R, L, R) to end extended CP M fac WALL;

3-4 Cl R to L/pt L to side, cl L to R/ pt R to side, bk R commence LF trn to SCAR, si L/ XRIF of L (W XIB to end extended BJO M fac diag LOD & COH; Unwind LF,-,-,- (W side & fwd R twd RLOD blend to loose SCP commence CCW walk arnd M, fwd L, fwd R, fwd L trng LF to face ptr) to end CP M fac diag LOD & WALL:

In CP step fwd L cont LF trn to fac diag LOD & COH, si R cont LF trn to end CP M

fac COH, cl L to R, cl R to L;

(COUP DE PIQUE)SI, PT ACROSS, CL, XIB; CL, XIB, CL, SUR PLACE;

6-7 In CP M fac COH step si L twd RLOD, point R thru twd RLOD (W XIF also) to momentary SCP, cl R to L to CP M fac COH, XLIB of R (W XIB also) blend to momentary SCP fac RLOD; cl R to L to CP M fac COH, XLIB of R (W XIB also) blend to momentary SCP fac RLOD, cl R to L to CP M fac COH, cl L to R;

(CHASSEE TRN 2 RF)SI,CL,SI,CL(TO CP FAC WALL);

In CP M fac COH turn $\frac{1}{2}$ RF small steps si R, cl L to R, si R, cl L to R to end CP M fac WALL to REPEAT SYNC SEPARATION:

The 2nd time thru PART C DO NOT TRN THE CHASSEE INSTEAD SI,CL,SI,CL DOWN LOD TO END CP M FAC COH TO REPEAT PART A;

QUICK CUES

INTRO: FLARE 3; THE CURSE;; GRAND CIRCLE;;

PART A: 1 - 8 FALLAWAY REVERSE;; SLIP TO CP; SYNC CHASSEE TO PRESS LINE;; W DBLE TWIRL TO FREE SPIN:

9 -16 CHASSEE CAPE; FLAMENCO BEATS TO CHG SIDES;

PART B: 1 - 8 FREGOLINA: RF TURN SUR PLACE;

PART C: SYNC SEPARATION; COUP DE PIQUE; RF CHASSEE TRN: 1 - 8

PART C:

PART A:

QUICK CUES

INTRO: FLARE 3; THE CURSE;; GRAND CIRCLE;;

PART A: 1 - 8 FALLAWAY REVERSE; SLIP PIVOT; SYNC CHASSEE TO PRESS LINE; W DBLE TWIRL;;

9 -16 CHASSEE CAPE; FLAMENCO BEATS; PART B: 1 - 8 FREGOLINA; RF TURN SUR PLACE

PART C: 1 - 8 SYNC SEPARATION; COUP DE PIQUE; RF CRASSEE TRN;

BRIEF DESCRIPTION OF STANDARD PASO DOBLE FIGURES USED IN THIS ROUTINE. This information taken from THE REVISED TECHNIQUE OF LATIN AMERICAN DANCING, the Imperial Society of Teachers of Dancing, London, England,

APPEL: This is a step in place danced on either foot with a strong lowering action the the foot flat. It is a firm step used to commence a number of figures.

SUR PLACE (Sir Plaahs): A series of steps danced in Close or Closed Position on the balls of the feet, replacing the weight from one for to the other. Heels may be lightly lowered and the knees slightly flexed. No turn or a gradual turn to right or left may be used.

GRAND CIRCLE: A figure in which the Man gradually turns to the L twisting with his feet remaining in place. The Lady walk forward in small steps around her partner in SCP.

ECART (A-CART): This figure commences with an Appel, then forward to a Whisk action.

SYNCOPATED SEPARATION: This figure starts in Closed Position, the Man moving forward leading the Lady backward to a full arm extension. The handholds are NOT released completely. Steps 9 thru 16 of this figure are syncopated with QaQ timing.

COUP de PIQUE (Coo de peak): This figure may begin with either a Right or a Left foot lead. It is one of the few figures in the PASO DOBLE that can commence with either foot. This figure begins with a point across in SCP followed by several swiveling actions.

FREGOLINA: This figure has a total of 28 steps. On step 8 the arms slide to a double handhold (NOT A CROSS HANDHOLD). The Lady spirals LF on step 12 and spins RF on step 25. The Man stands still with feet together for 18 counts.

CHASSEE CAPE: This is a 6 measure figure in, which the Man leads the Lady back and forth across the LOD with a series of chassee movements. The timing is easily remembered with the counts "7 steps -- cha cha cha - 2 steps -- cha cha cha - 4 steps. Done in its entirety it ends with a Press Line.

PRESS LINE: Either foot may take a Press Line, but in the CHASSEE CAPE the Man's Left foot is forward without weight, but with pressure. The Left knee is bent, the R leg is straight. The Left heel is raised. Usually both hands are held high.